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# The Anacortes Agent

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On June 24, Board members met at the home of Meredith Machin to organize and plan for the upcoming year. Following a delicious potluck dinner, newly elected Co-Presidents, Rosette Dawson and Linda Hendrick, kept us on target and on time. Several new members have joined the board this year: Jamie Cromack and Andrea Doll as Co-Membership VPs, Sue Mondello as our newly created Events Chair, Polly Myers as the Chair of TLC,



and Judith Rolston, as our Historian. Topics ranged from fundraising events to creating leadership opportunities for young women. Programs have been tentatively scheduled for the 2013-14 year and local artist, Jennifer Bowman, has been confirmed as our spring event speaker. *Our goal is to have directories available at the September meeting, so new members should contact Bunny Heiner (293-4120) to make an appointment for a photo no later than August 15.*

## OUR MEMBERS...

Past President, Leslie Lukasik, was recently honored as teacher of the year at the Oak Harbor campus of Skagit Valley College. Island Hospital volunteers recognized for their continued service in 2012 included AAUW members Sally Kilpatrick, Karen Maughan, Pat Bell, and former member Betsy Rogers. Sally and Betsy have each volunteered 900 hours; Karen has put in 1,100 hours; and Pat has volunteered for an amazing 3,400 hours. Good work!



Vildan Kirby (7/3) Letty Hafer (7/17) Laura Jean Viverette (7/22)  
JoAnn Hannon (7/28) Judi Slajer (7/29)

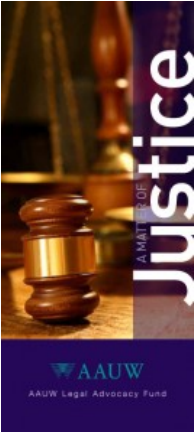
**TLC stands for Tender Loving Care.** If you know of an achievement or concern among our membership, Polly Myers is our new TLC Chair. Please contact her at (myers212@umn.edu) or 360.420.1767.



Congratulations to Barbara Martin-Godfrey on her recent wedding to Gary. They are currently sailing off the coast of Vancouver Island. We look forward to seeing Barbara when she returns.



Nat Nord has established the Ann Nord Memorial Scholarship with Anacortes School Foundation. It will be for an Anacortes high school graduate who will be entering her junior year in a four-year nursing program. If you wish to contribute, mail donations to ASF, 2200 M Ave. and mention Ann Nord Scholarship on the memo line. Donors will receive an acknowledgement for their tax records, and Nat will receive a notice with donors' names and addresses but not amounts received from individual donors.



**AAUW 101: Do you know what LAF stands for?** The Legal Advocacy Fund works at the national level to challenge sex discrimination in the workplace and higher education. Unfair pay, pregnancy discrimination, sexual harassment, sexual assault, and violations of Title IX of the Education Amendments of 1972 are harms many women and men face today. LAF addresses these barriers by informing people of their rights and by assisting people who are using the legal system to seek justice and change. A **fundraising barbeque** will be held on August 17 from at the home of Bunny and Lonny Heiner. All proceeds go to LAF. Tickets will be \$15 per person or \$25 per couple. Because this is a potluck, you may make your check out to AAUW LAF and receive a tax deduction. The Board has set a minimum goal of \$500 for this event so that we may designate our branch contribution in memory of Ann Nord. Watch for more information in the August Agent.

## Coffee Shop

There will be an informal gathering for coffee on **July 18 at 2:00 p.m. at The Market.** Friends are welcome to join us for some casual conversation. It's a great time to introduce someone to AAUW, get to know new members, or catch up with old friends.

At the Anacortes Middle School 8<sup>th</sup> Grade Moving-Up ceremony on June 18, five girls received STEM awards from our branch. S.T.E.M. stands for Science, Technology, Engineering and Mathematics and awards are given for achievement in these fields.

The AAUW-Anacortes Branch Middle School STEM awards program began in 2007 with two awards in Science and two awards in Math. This year we have the pleasure of introducing the Technology award at the 8<sup>th</sup> grade level due to the new Robotics program. In addition to the Anacortes Branch Certificate of Excellence, each girl received a check for \$100.



From left to right: For Science: Kira Oates & Heather Rolph  
For Mathematics: Nicole McInerney & Sierra Scamfer For Technology: Zoe Hill



**'Lettuce'** get the word out about AAUW. We plan to host a booth at the **Farmers Market on August 31** and again in September. Volunteers are needed. Contact Laura Jane Viverette (293-4867) for information.

**The International Relations** group will resume their monthly meetings in September. They meet on the 4th Tuesday of the month at 9:30 a.m. in homes of members to discuss chapters from *Great Decisions*, America's largest discussion program on world affairs. The name is shared by a national civic-education program, briefing book and television series administered and produced by the Foreign Policy Association. The Great Decisions program highlights eight of the most thought-provoking foreign policy challenges facing Americans each year. Great Decisions provides background information, current data and policy options for each issue and serves as the focal text for discussion groups. AAUW members alternate moderating and hosting the meetings. Contact Laura Jane Viverette (293-4867) for more information.



***Linda provided this delicious bread for our Board Retreat. She was asked to share the recipe.***

**Ingredients:**

1 tsp. salt  
¼ cup each sugar and vegetable oil  
1 ¼ cups hot water  
1 pkg. yeast  
2 eggs  
2 to 3 drops yellow food coloring  
About 5 cups unsifted all-purpose flour  
1 egg yolk plus 1 tbsp. water  
1 tsp. sesame seeds

Linda Hendrick's Hallah Bread (a Jewish bread served at ceremonies – this recipe comes from a late 1960's *Sunset Magazine* and I have made it for every family occasion since) – it is a tender and slightly sweet bread. Leftovers are suggested, by many chefs, for French toast. I like mine toasted with peanut butter! My asides are in italics.

**Directions:**

Put salt, sugar and oil in a large bowl; pour over hot water (*I boil the water and stir until the temperature is warm to my finger*) and stir until the sugar is dissolved. Cool to warm. Stir in yeast until dissolved. Add eggs (*I warm them in a bowl with hot tap water before using*) and food

coloring. With a spoon, mix in about 4 ½ cups flour to form a dough.

Coat board with about ½ cup flour, turn dough onto it, and knead until dough is smooth and elastic (about 5 minutes), adding more flour as needed. Place in a greased bowl and turn over to grease top. Cover and let rise in a warm place until doubled in bulk, about 1 ½ hours (*I found Washington to be a cold place and Don got me a light bulb fixture I can put in the oven to warm it and it works so well my dough usually rises to double in 1 hour!*). Punch down and divide dough into 4 equal portions. Roll each out between hands to form strands about 21 inches long. Place the 4 strips lengthwise on a greased cookie sheet, pinch tops together and braid as follows: Pick up the strand on the right, bring it over the next one, under the third, and over the fourth. Repeat, always starting with the strand on the right, until braid is complete and pinch ends together (*I start in the middle and then turn around for the second side*).

Cover lightly with a towel and let rise until almost double, about one hour (*because of my light this usually only takes about 30 minutes at my house*). Using your fingers or a light brush, spread egg yolk mixture evenly over bread, sprinkle with sesame seeds (you can use poppy seeds but I think the sesame seeds look better). Bake in a 350 oven for 30-35 minutes or until a wooden toothpick, inserted in center, comes out clean. Makes 1 loaf. (*Check bread after 20 minutes – my oven seems to be hot even after checking it with a thermometer*).

***The next board meeting will be held at the home of Letty Hafer on August 26, at 7:00 p.m.  
4221 Mitchell Drive ~ 299-8178***