



CHANGING THE WORLD ONE WOMAN AND GIRL AT A TIME

October Agent

Volume 39 Issue 4

Anacortes Branch



Thursday, October 8, at 7:00 p.m.

A Zoom link will be emailed to you before the meeting
Guests may attend but must register with Nelle Jacobson in advance



AAUW Annual Book Talk with Linda Hendrick

You will be invited to a Zoom AAUW meeting on October 8th at 7:00 p.m. to talk about the book(s) that Calm and Comfort you.

I know Zoom will enable us to have a great sharing meeting. To make it work as well as I know it can, please:

- Let me know if you plan to attend (hend244@gmail.com or call me at 360-293-6518))
- I will provide those attending with a quote
- Zoom allows us to 'Chat' which means you will be able to enter your book's title and author while online
- We will record the meeting so those who cannot attend will be able to learn about the shared book title
- And an annotated list of member's books and authors will appear in our AAUW Newsletter



About those quotes, I will be asking some members to help me find quotes to go with the topic. Let me know if you would like to help do this.

Getting to Know You

Keeping in touch looks a little different these days. Last month we asked five members to share the answers to five questions. This month I hope each of you will email me with the answers to the following queries...

1. Who is your hero?
2. What makes you angry?
3. Are you an introvert or an extrovert?
4. Are you a cat person or a dog person?
5. What is your favorite season?

Find out who responded to the questions from last month on the last page of this newsletter.



Survey Question:

What makes you feel at peace?

Email your answer to underwood31@comcast.net



Our meetings continue to be open to the public, so invite your friends and family to attend by having them register with Nelle Jacobson at nelleadyj@gmail.com.

Fun Facts about Smiling:

- Smiling boosts your immune system
- Smiles relieve stress by releasing endorphins
- It is easier to smile than frown
- It takes 5 to 53 muscles to smile
- Babies are born with the ability to smile
- There are 19 different types of smiles

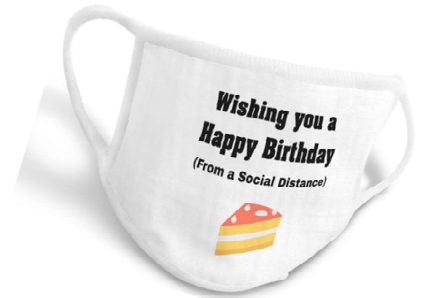




Wear your most festive mask!

Jane Crannell turns **100** on October 15.

AAUW is celebrating our amazing member with a walk by party on Friday, October 16 at 11 AM. As Jane sits by her front door we will walk by individually and share our greetings from 6



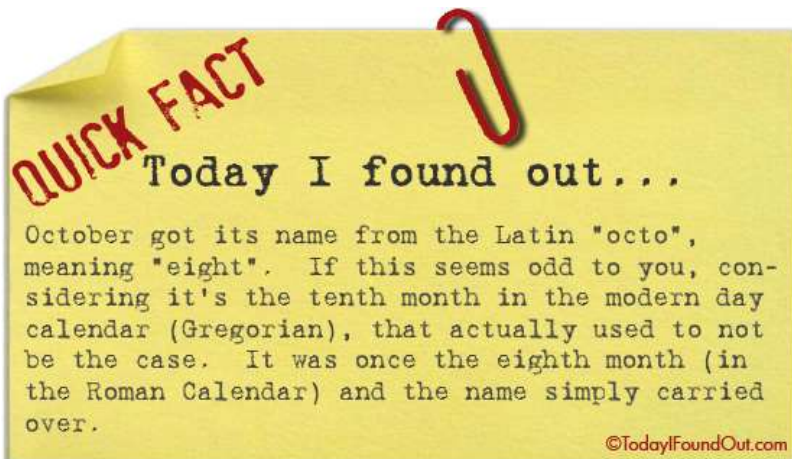
feet away. **If possible, include your name printed in large letters on a poster so that Jane can tell who you are – she may not be able to hear or recognize us with masks on.** Then well-spaced we will sing Happy Birthday. Jane's family will be there to help us celebrate. If you can't make it, you can send a card to Jane at Skyline Court - 1510 Skyline Way, #A-104.

There is parking on Jane's street, but if you are able, please park further away to leave spots for those who cannot walk as far.

This is also a wonderful way to actually see other members in person.



Nelle Jacobson 10/1
Jane Crannell 10/15
Karen Maughan 10/23
Sally Kilpatrick 10/27



Recently photo directories were emailed to all members. If you wish to make a change or have it emailed to you again, contact Bonnie Underwood at underwood31@comcast.net. Did you know it is also available on the branch website: anacortes-wa.aauw.net 'Members Only' section. password:theagent1956



Excerpts reprinted from AAUW.org

Article by Elaine Weiss Correspondent

This summer, as we mark the 100th anniversary of the 19th Amendment and American women's constitutional right to vote, it's important to realize how difficult and fraught the final battle was, how complex the issues, how bitter the fight, how truly uncertain the outcome. Even at the dawn of the second decade of the 20th century, the idea of women casting a ballot was still controversial and contested; today women make up the majority of U.S. voters.

Women Were Not 'Given' The Vote: They Took It

"We tend to envision the American woman suffrage movement as a triumphant newsreel of women in white dresses and fabulous hats marching to victory, as enlightened men suddenly and nobly hand the ballot to female citizens – all female citizens. That newsreel is romantic fiction.

"The truth is grittier, and more important: It required three generations of fearless activists over a span of more than seven decades working in more than 900 state, local, and national campaigns to finally win the vote for American women. And that active verb – win – is important: Women were not given the vote; they were not granted the vote. As one commentator so aptly describes it: 'They took it.'

"The woman suffragists offer a legacy of persistence and courage that holds vital lessons for today's political activists: Protest is important – and patriotic – but it must be followed up by well-designed and sustained political strategies in order to enact lasting change. The suffragists did not just march and picket; they also debated and lobbied, drafted legislation and campaigned. They learned to effectively communicate their cause to the public, build alliances, master the intricacies of legislative procedure, and pull the levers of political power.



News from other AAUW Branches

AAUW Issaquah - Melinda Hearsey, Communications Chairman

Our featured speaker at our branch meeting is Villette Nolon, President and CEO of Imagine Housing. Her talk will focus on homelessness in the Eastside area of King County and what her organization is doing to help address the issue. If you or any of you members would like to join us, please let us know via e-mail at programs@aauw-issaquah.org. We will send you the Zoom information.

Join AAUW Seattle Zoom Meeting

**Saturday, October 10th
10am**



R-90 and the Campaign for Safe & Healthy Youth with Catherine West

Contact rsvp@aauw-seattle.org for Zoom link

Catherine West will join us on Saturday, October 10th to explain the background and importance of Senate Bill 5395, the age-appropriate sex education bill that is on the November ballot as Referendum-90 (R-90).

Once approved, R-90 will require public schools to teach age-appropriate, inclusive and comprehensive sexual health education to K-12 students and excuse students at their parent or guardian's request.

Youth in Washington need honest and accurate information about their changing bodies, sex, and healthy relationships. A vote to approve R-90 is needed for this bill to go into effect. WA State AAUW and our Seattle Branch are part of the growing coalition supporting the campaign for Safe & Healthy Youth. Join our meeting so you can learn how you can help!

Catherine, a University of Wisconsin Law School graduate, is a staff attorney with [Legal Voice](#) who fights for gender equality on behalf of girls, women and LGBTQ+ people with administrative, legislative and litigation strategies. She spent the last 20 years focused on the needs of low-income, vulnerable and marginalized populations, including 15 years representing clients through the Northwest Justice Project. Catherine has also served as an attorney with the Medical-Legal Partnership, advocating for the rights of trans youth. She currently serves on the board of directors of Communities Rise.

Please RSVP by contacting rsvp@aauw-seattle.org. The Zoom meeting is Free, however, only those who RSVP will be sent a Zoom link to attend the meeting.



To the members who took the time to answer our September survey questions!

Meredith Machin

1. My heroes are many but first are my parents who conquered many financial barriers to lovingly raise and educate five children and never expected any accolades for doing it.
2. My anger is piqued when I witness others' disdain for common human decency- as in the border right now- when there are so many options for better behavior.
3. In or Out? Both! I love gatherings and meeting old friends and new people- but I can stay happily at home for days on end, especially when I have good reading or a writing project.
4. Animal choice? Dog, but only sort of. Never owned one.
5. Say **Seasonal Affective Disorder**. Definitely summer; the long days brighten my inner self.

Bonnie Underwood

1. A hero of mine would be Helen Keller. She overcame incredible obstacles and led an amazing life. Her quotes always inspire me!
2. Intolerance; it seems we can no longer hold a conversation based on differing views without someone needing to be right and the other wrong.
3. Definitely an introvert and please, never ask me to make phone calls!
4. I know some nice dogs, but I am always going to be a cat person.
5. Fall is my favorite; the colors make me happy.

Ora Jonasson

1. Who is your hero?

My husband who has challenged me to follow my goals and supported my efforts for fifty years.

2. What makes you angry?

At the moment my anger is generated by fear that we Americans are not willing to participate and defend our democracy.

3. Are you an introvert or an extrovert?

I used to think I was an extrovert but as the years pass, I realize I am much more an introvert. However, I am a connector of people and their concerns for each other.

4. Are you a cat person or a dog person?

I am a cat person who would like to be a dog person.

5. What is your favorite season?

Spring is definitely my favorite season. I love to see life renewed all around me. I love to grow and nourish plants.